

WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Pork Sausage, Mashed Potatoes & Gravy 	Beef Lasagne with Garlic Bread 	Roast Chicken, Stuffing, Roast Potatoes & Gravy 	Chicken Tikka Masala with Rice 	Fish Fingers with Chips & Ketchup 
OPTION 2	Vegan Sausages, Roasted Potatoes & Gravy 	Plant Balls in Tomato Sauce with Rice 	Vegetable Wellington, Roast Potatoes & Gravy 	Quorn and Lentil Tikka Masala with Rice 	Cheese & Bean Pasty with Chips & Tomato Ketchup 
DESSERT	Vanilla Shortbread 	Apple Cake with Custard 	Lemon & Orange Shortbread 	Jelly with Mandarins 	Syrup Sponge with Custard 

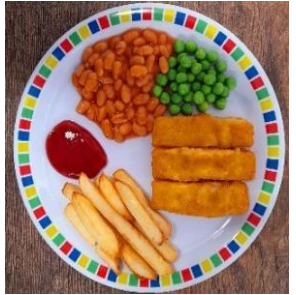
*VEGETABLES AND SIDES MAY DIFFER THAN THOSE SHOWN

WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	BBQ Chicken, Seasoned Potatoes and Sweetcorn Salsa 	Spaghetti Bolognese 	Roast Gammon, Roast Potatoes & Gravy 	Chicken and Sweetcorn Meatballs in Tomato Sauce with Rice 	Battered Fish with Chips & Tomato Ketchup 
OPTION 2	Macaroni Cheese 	Vegan Spaghetti Bolognese 	Roast Quorn, Roast Potatoes & Gravy 	Creamy Chickpea and Coconut Curry with Rice 	Cheese Whirl with Chips & Tomato Ketchup 
DESSERT	Gingerbread Cookie 	Apple Flapjack 	Melting Moment Biscuit 	Sticky Toffee Apple Crumble with Custard 	Vanilla Shortbread 

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WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Cottage Pie with Gravy 	Chicken Enchilada Bake with Paprika Wedges 	Roast Chicken, Stuffing, Roast Potatoes & Gravy 	Mild Caribbean Chicken with Golden Rice 	Fish Fingers with Chips & Tomato Ketchup 
OPTION 2	Lemon and Herb Quorn, Seasoned Potatoes and Sweetcorn Salsa 	Tomato Pasta 	Mexican Bean Roll with Roast Potatoes 	Caribbean Stew with Golden Rice 	Red Pepper Frittata with Chips & Tomato Ketchup 
DESSERT	Oaty Cookie 	Pear Crumble with Custard 	Iced Biscuit 	Jamaican Ginger Cake with Custard 	Iced Sponge 

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