









Leavesden Green Summer Menu 2022
Harry Watts – NO raspberries

-  Added Plant Power
-  Vegan
-  Wholemeal
-  Chef's Special

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week One	Option 1	Cowboy Chilli Beef with Rice	Garlic and Herb Chicken with Rice 	Roast Gammon, Roast Potatoes & Gravy	Beef Lasagne with Garlic bread	Breaded Fish with Chips & Tomato Sauce
	Option 2	Vegetable Enchiladas with Rice  	Vegan Balls with Rice and Tomato Sauce	Vegetable Wellington with Roast Potatoes and Gravy 	Vegetarian Hotdog with Potato wedges	Vegan Mexican Roll with Chips & Tomato Sauce 
	Vegetables	Green Peas	Sweetcorn Mixed Peppers	Steamed Carrots Broccoli	Green Beans Sweetcorn	Peas Baked Beans
	Dessert	Carrot & Courgette Cake with Custard	Apple & Raisin Flapjack  	Sponge Cake with Icing	Orange Cookie 	Ice Cream
Or a choice of Yoghurt & Fresh Fruit available daily						

Week Two	Option 1	Beef Bolognese with Pasta	Chicken Curry with Rice	Roast Chicken, Roast Potatoes, Stuffing & Gravy	Pork Sausage with Mashed Potatoes and Gravy	Fishfingers and Chips
	Option 2	Vegetable Curry with Rice  	Margherita Pizza with Potato Wedges 	Roast Quorn, Roast Potatoes, Stuffing, & Gravy 	Cheese and Red Pepper Frittata with new Potatoes 	Vegetarian Meatball Baguette with Tomato sauce
	Vegetables	Sweetcorn Steamed Carrots	Mixed Peppers Green Beans	Cauliflower Peas	Broccoli Sweetcorn	Peas Baked Beans
	Dessert	Apple Crumble with Custard 	Lemon Drizzle Cake	Sponge Cake with Icing	Vanilla Cookie	Rice Crispie Cake
Or a choice of Yoghurt & Fresh Fruit available daily						

Week Three	Option 1	Beef Tortilla Stack with Rice	Chicken Fajitas with Rice  	Roast Turkey, Roast Potatoes & Gravy	Pork Sausage Hot Dog with Potato Wedges	Fish in Batter with Chips & Tomato Sauce
	Option 2	Macaroni Cheese	Vegan Sausage Hotdog with Spicy wedges	Cheese and Pepper Pastry Whirl 	Broccoli and Cheese Pasta Bake 	Quorn Fillet in a Bap with BBQ sauce
	Vegetables	Green Beans Steamed Carrots	Salsa Sweetcorn	Steamed Carrots Broccoli	Sweetcorn Coleslaw Salad	Peas Baked Beans
	Dessert	Lemon Cake	Iced Sponge 	Vanilla Cookie	Pineapple Loaf with Custard	Ice Cream 
Or a choice of Yoghurt & Fresh Fruit available daily						

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:
If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.