

NGCI Leavesden Green Summer Menu 2022

-  Added Plant Power
-  Vegan
-  Wholemeal
-  Chef's Special

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION: If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

Monday

Tuesday

Wednesday

Thursday

Friday

Week 1
18th April
9th May
30th May
20th June
11th July

Week 2
25th April
16th May
6th June
27th June
18th July

Week 3
2nd May
23rd May
13th June
4th July

Option 1	Cowboy Chilli Beef with Rice	Garlic and Herb Chicken with Rice	Roast Gammon, Roast Potatoes & Gravy		NGCI FISHFINGERS with Chips & Tomato Sauce
Option 2		Vegan Balls with Rice and Tomato Sauce		Vegetarian Sausage NO BUN Potato wedges	
Vegetables	Green Peas	Sweetcorn Mixed Peppers	Steamed Carrots Broccoli	Green Beans Sweetcorn	Peas Baked Beans
Dessert	NGCI Italian Vanilla Cake	NGCI Italian Vanilla Cake	NGCI Italian Vanilla Cake	NGCI Vanilla Shortbread	Ice Cream
Or a choice of Yoghurt & Fresh Fruit available daily					

Option 1	Beef Bolognese with NGCI Penne Pasta	Chicken Curry with Rice	Roast Chicken, Roast Potatoes, NO Stuffing & Gravy		NGCI FISHFINGERS with Chips & Tomato Sauce
Option 2	Vegetable Curry with Rice	NGCI Margherita Pizza with Potato Wedges	Roast Quorn, Roast Potatoes, Stuffing, & Gravy	Cheese and Red Pepper Frittata with new Potatoes	Vegetarian Meatball NO Baguette with Tomato sauce
Vegetables	Sweetcorn Steamed Carrots	Mixed Peppers Green Beans	Cauliflower Peas	Broccoli Sweetcorn	Peas Baked Beans
Dessert	Apple Crumble NGCI CRUMBLE with Custard	NGCI Italian Vanilla Cake	NGCI Italian Vanilla Cake	NGCI Vanilla Shortbread	NGCI Vanilla Shortbread
Or a choice of Yoghurt & Fresh Fruit available daily					

Option 1			Roast Turkey, Roast Potatoes & Gravy	Jacket Potato with Baked Beans, Tuna Mayonnaise or Cheese	NGCI FISHFINGERS with Chips & Tomato Sauce
Option 2	NGCI Macaroni Cheese	Vegan Sausage NO BUN with Spicy wedges			
Vegetables	Green Beans Steamed Carrots	Salsa Sweetcorn	Steamed Carrots Broccoli	Sweetcorn Coleslaw Salad	Peas Baked Beans
	NGCI Italian Vanilla Cake	NGCI Italian Vanilla Cake	NGCI Vanilla Shortbread	NGCI Italian Vanilla Cake	Jelly